

Name \_\_\_\_\_

Today's Date \_\_\_\_\_

<b>0 = never</b>
<b>1 = sometimes</b>
<b>2 = often</b>
<b>3 = all the time</b>

*Please circle one answer for each question*

1. I feel embarrassed around people because of my sexual offending.....0 1 2 3
2. I feel hopeful about my future even though I offended sexually.....0 1 2 3
3. I stay away from people because of my sexual offending.....0 1 2 3
4. I tell the truth to everyone.....0 1 2 3
5. I think about fixing the harm caused by my sexual offending.....0 1 2 3
6. I feel that I am a horrible person because of my sexual offending.....0 1 2 3
7. I wish I could take back my sexual offending.....0 1 2 3
8. I think that I am a failure because of my sexual offending.....0 1 2 3
9. I can deal with my thoughts and feelings about my sexual offending.....0 1 2 3
10. I feel proud of how I am coping with my sexual offending.....0 1 2 3
11. I feel like running away when people mention my sexual offending.....0 1 2 3
12. I feel sorry that I hurt someone by offending sexually.....0 1 2 3
13. I think that I can solve the problems caused by my sexual offending.....0 1 2 3
14. I feel like apologizing for my sexual offending.....0 1 2 3
15. I worry about what people think of me because of my sexual offending.....0 1 2 3
16. I tell people all of my thoughts and feelings.....0 1 2 3
17. I feel worthless around my family because of my sexual offending.....0 1 2 3
18. I think that I did something very wrong when I offended sexually.....0 1 2 3
19. I think that I am a disgusting person because of my sexual offending.....0 1 2 3
20. I believe that I can recover from my sexual offending.....0 1 2 3