

Your Name _____ Today's Date _____

Child's Name _____

Filled out by ___mother ___father ___other _____

0 = never
1 = sometimes
2 = often
3 = all the time

Please circle one answer for each question

1. I feel embarrassed around people because of my child's sexual offending.....0 1 2 3
2. I worry that I may have done something that led to my child's sexual offending.....0 1 2 3
3. I can cope with my feelings about my child's sexual offending.....0 1 2 3
4. I think that I should have been able to stop my child's sexual offending sooner.....0 1 2 3
5. I feel like a bad parent because of my child's sexual offending.....0 1 2 3
6. I am confident that I can recover from my child's sexual offending.....0 1 2 3
7. I feel responsible for the harm caused by my child's sexual offending.....0 1 2 3
8. I feel that I make good decisions to deal with my child's sexual offending.....0 1 2 3
9. I can cope with my thoughts about my child's sexual offending.....0 1 2 3
10. I think that I am a failure as a parent because of my child's sexual offending.....0 1 2 3
11. I feel proud of how I am handling my child's sexual offending.....0 1 2 3
12. I blame myself for my child's sexual offending.....0 1 2 3
13. I stay away from anything that reminds me of my child's sexual offending.....0 1 2 3
14. I feel angry with myself because of my child's sexual offending.....0 1 2 3
15. I feel like running away when people mention my child's sexual offending.....0 1 2 3
16. I think I can solve the problems caused by my child's sexual offending.....0 1 2 3
17. I feel ashamed when I think about my child's sexual offending.....0 1 2 3
18. I feel like apologizing because of my child's sexual offending.....0 1 2 3
19. I worry about what people think of me because of my child's sexual offending.....0 1 2 3
20. When I think of my child's sexual offending, I feel hopeful about the future.....0 1 2 3
21. I feel guilty about how I may have contributed to my child's sexual offending.....0 1 2 3
22. I feel worthless around my family because of my child's sexual offending.....0 1 2 3
23. I think about how I could have prevented my child's sexual offending.....0 1 2 3
24. I believe that my future will be positive, even though my child offended sexually.....0 1 2 3